



# September Millburn Middle School Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Rotini & Meatballs Dinner Roll Veggie of the Day Fruit of the Day	Walking Taco Nachos Veggie of the Day Fruit of the Day	Spicy Chicken Sandwich Veggie of the Day Fruit of the Day
6	7	8	9	10
No School Labor Day	Jumbo Corn Dog Veggie of the Day Fruit of the Day	Crispy Chicken Sandwich Veggie of the Day Fruit of the Day	Cheesy Beef Nachos Veggie of the Day Fruit of the Day	Cheese Pizza Veggie of the Day Fruit of the Day
13	14	15	16	17
Crispy Chicken Tenders Soft Pretzel Rod Veggie of the Day Fruit of the Day	Sloppy Joe Scoops Veggie of the Day Fruit of the Day	Cheese Ravioli Garlic Bread Veggie of the Day Fruit of the Day	Crispy Chicken Nuggets Soft Pretzel Rod Veggie of the Day Fruit of the Day	Italian Meatball Sub Veggie of the Day Fruit of the Day
20	21	22	23	24
Mini Corn Dogs Veggie of the Day Fruit of the Day	Cheesy Beef Nachos Veggie of the Day Fruit of the Day	Crispy Chicken Sandwich Veggie of the Day Fruit of the Day	Savory Salisbury Steak Whole Grain Biscuit Veggie of the Day Fruit of the Day	Cheese Pizza Veggie of the Day Fruit of the Day
27	28	29 World School Milk Day	30	
Chicken Parmesan Sandwich Veggie of the Day Fruit of the Day	Beef Soft Tacos Veggie of the Day Fruit of the Day	Cheeseburger Veggie of the Day Fruit of the Day	Crispy Chicken Nuggets Soft Pretzel Rod Veggie of the Day Fruit of the Day	

**FREE  
MEALS  
To All Enrolled  
Students**

**Daily Options**  
Turkey & Cheese Sandwich

**Arbor A+ Nutrition Mission**  
To serve students daily:

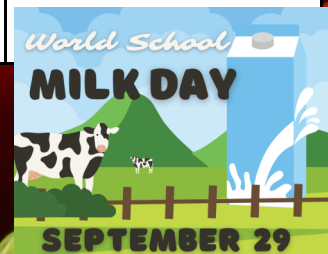
- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

*-Arbor Management-*

**Make Choices for a Healthy Lifestyle!**



For more information or to "Ask the Dietitian", check out our website!



**Included with Every Meal**  
Fruit and Vegetable  
Choice of Milk

Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.